

# Lingonberry

*Vaccinium vitis-idaea* L., 1753

The lingonberry is a sub-shrub with leathery, evergreen, oval leaves, slightly indented at the top and curled at the edges. They are shiny on top, dull and dotted on the underside (small brown glands). The flowers, with bell-shaped petals, are gathered in small white or pinkish clusters. The fruits are small, acidic, edible red berries, which are very popular in Scandinavia.

## Not to confuse

The bearberry (*Arctostaphylos uva-ursi*) has tougher leaves, with only slightly contrasting surfaces (shiny and strongly veined, without brown spots).



## Common names

Lingonberry / Mountain cranberry

## Environment

Upland forests, mountain and subalpine meadows

## Altitude

1000-2450 m

## Season

- may-november

## Size

5 to 25 cm

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