

# Bearberry

## *Arctostaphylos uva-ursi*

This small shrub forms extensive vegetation mats, but does not exceed 20 cm in height. Its small leaves are evergreen, glossy green, with veins forming a branched network. Its small reddish berries are edible, although rather floury and tasteless.

### Not to confuse

The leaves of the lingonberry can be distinguished by their underside, which is studded with small rust-coloured dots. Its berries, on the other hand, are not at all floury!



### Common names

Bearberry

### Environment

Mountain and subalpine moors, rocky outcrops

### Altitude

780-2800m

### Season

- june - october

### Size

15 to 20 cm

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